



## Sunnyvale Municipal Tennis Center with Lifetime Activities

**Sunnyvale Municipal Tennis Center • 755 South Mathilda Ave. • [lifetimactivities.com](http://lifetimactivities.com) • 408-735-7285**

Sunnyvale Municipal Tennis Center tennis courts in Las Palmas Park are available on a pay-as-you-play basis. Fees based on a higher level of service including ability to reserve courts and provision of a pro shop with racket stringing service. For information about registration, private lessons and ball machine rental, visit [lifetimactivities.com](http://lifetimactivities.com) or call 408-735-7285. Office hours: Monday – Friday, 8 a.m. – 10 p.m., Saturday and Sunday 8 a.m. – 8 p.m.

Classes held at the Sunnyvale Municipal Tennis Center, unless noted.



**Lifetime Activities**

*Excellence in Community Recreation*

### Youth Tennis Classes

#### Little Tennis & Athletic Development 4:1 Ratio (4 – 6 years)

Session I (eight-weeks) Fee: \$151 Res, \$165 NR. Session II (seven-weeks) Fee: \$132 Res, \$144 NR.

^Session II (six-weeks) Fee: \$113 Res, \$124 NR. ^No class 11/24

Day	Time (45 Min)	Session I	Code	Session II	Code
M	3:15 p.m. – 4 p.m.	9/12 – 10/31	2000	11/7 – 12/19	3000
Tu	3:15 p.m. – 4 p.m.	9/6 – 10/25	2001	11/1 – 12/13	3001
Tu	5:30 p.m. – 6:15 p.m.	9/6 – 10/25	2002	11/1 – 12/13	3002
W	3:15 p.m. – 4 p.m.	9/7 – 10/26	2003	11/2 – 12/14	3003
Th	3:15 p.m. – 4 p.m.	9/8 – 10/27	2004	11/3 – 12/15^	3004
Th	5:30 p.m. – 6:15 p.m.	9/8 – 10/27	2005	11/3 – 12/15^	3005
F	5 p.m. – 5:45 p.m.	9/9 – 10/28	2006	11/4 – 12/16	3006
Sa	8:30 a.m. – 9:15 a.m.	9/10 – 10/29	2007	11/5 – 12/17	3007
Sa	9:15 a.m. – 10 a.m.	9/10 – 10/29	2008	11/5 – 12/17	3008
Su	10 a.m. – 10:45 a.m.	9/11 – 10/30	2009	11/6 – 12/18	3009
Su	10:45 a.m. – 11:30 a.m.	9/11 – 10/30	2010	11/6 – 12/18	3010

#### Little Rallyers - 4:1 Ratio (5 – 6 years)

Instructor recommendation and approval required. Session I (eight-weeks) Fee: \$200 Res, \$219 NR.

Session II (seven-weeks) Fee: \$175 Res, \$192 NR. ^Session II (six-weeks) Fee: \$150 Res, \$165 NR.

^No class 11/24

Day	Time (1 Hr)	Session I	Code	Session II	Code
Tu	5:30 p.m. – 6:30 p.m.	9/6 – 10/25	2011	11/1 – 12/13	3011
W	5 p.m. – 6 p.m.	9/7 – 10/26	2012	11/2 – 12/14	3012
Th	4 p.m. – 5 p.m.	9/8 – 10/27	2013	11/3 – 12/15^	3013
F	6 p.m. – 7 p.m.	9/9 – 10/28	2014	11/4 – 12/16	3014
Sa	11:30 a.m. – 12:30 p.m.	9/10 – 10/29	2015	11/5 – 12/17	3015
Su	11:30 a.m. – 12:30 p.m.	9/11 – 10/30	2016	11/6 – 12/18	3016

#### Youth Tennis Lessons - 4:1 Ratio (7 – 15 years)

Session I (eight-weeks) Fee: \$303 Res, \$333 NR. Session II (seven-weeks) Fee: \$265 Res, \$291 NR.

^Session II (six-weeks) Fee: \$227 Res, \$250 NR. ^No class 11/24

Level	Age	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
Beg	7 – 10	Th	4 p.m. – 5:30 p.m.	9/8 – 10/27	2035	11/3 – 12/15^	3035
Adv Beg	7 – 10	Th	4 p.m. – 5:30 p.m.	9/8 – 10/27	2036	11/3 – 12/15^	3036
Int	7 – 10	Th	4 p.m. – 5:30 p.m.	9/8 – 10/27	2037	11/3 – 12/15^	3037
Beg	11 – 15	Sa	2 p.m. – 3:30 p.m.	9/10 – 10/29	2038	11/5 – 12/17	3038
Beg	11 – 15	Su	2 p.m. – 3:30 p.m.	9/11 – 10/30	2039	11/6 – 12/18	3039
Adv Beg	11 – 15	Sa	2 p.m. – 3:30 p.m.	9/10 – 10/29	2040	11/5 – 12/17	3040
Adv Beg	11 – 15	Su	2 p.m. – 3:30 p.m.	9/11 – 10/30	2041	11/6 – 12/18	3041
Int	11 – 15	Sa	2 p.m. – 3:30 p.m.	9/10 – 10/29	2042	11/5 – 12/17	3042
Int	11 – 15	Su	2 p.m. – 3:30 p.m.	9/11 – 10/30	2043	11/6 – 12/18	3043

#### Youth Tennis Lessons - 8:1 Ratio (7 – 15 years)

Session I (eight-weeks) Fee: \$179 Res, \$197 NR. Session II (seven-weeks) Fee: \$157 Res, \$173 NR.

Level	Ages	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
Beg	7 – 10	M	4 p.m. – 5:30 p.m.	9/12 – 10/31	2017	11/7 – 12/19	3017
Beg	7 – 10	F	3:30 p.m. – 5 p.m.	9/9 – 10/28	2018	11/4 – 12/16	3018
Beg	7 – 10	Sa	10 a.m. – 11:30 a.m.	9/10 – 10/29	2019	11/5 – 12/17	3019
Beg	7 – 10	Su	8:30 a.m. – 10 a.m.	9/11 – 10/30	2020	11/6 – 12/18	3020
Adv Beg	7 – 10	M	4 p.m. – 5:30 p.m.	9/12 – 10/31	2021	11/7 – 12/19	3021
Adv Beg	7 – 10	F	3:30 p.m. – 5 p.m.	9/9 – 10/28	2022	11/4 – 12/16	3022
Adv Beg	7 – 10	Sa	10 a.m. – 11:30 a.m.	9/10 – 10/29	2023	11/5 – 12/17	3023
Adv Beg	7 – 10	Su	8:30 a.m. – 10 a.m.	9/11 – 10/30	2024	11/6 – 12/18	3024
Int	7 – 10	M	4 p.m. – 5:30 p.m.	9/12 – 10/31	2025	11/7 – 12/19	3025

Int	7 – 10	F	3:30 p.m. – 5 p.m.	9/9 – 10/28	2026	11/4 – 12/16	3026
Int	7 – 10	Sa	10 a.m. – 11:30 a.m.	9/10 – 10/29	2027	11/5 – 12/17	3027
Int	7 – 10	Su	8:30 a.m. – 10 a.m.	9/11 – 10/30	2028	11/6 – 12/18	3028
Beg	11 – 15	Tu	4 p.m. – 5:30 p.m.	9/6 – 10/25	2029	11/1 – 12/13	3029
Beg	11 – 15	F	3:30 p.m. – 5 p.m.	9/9 – 10/28	2030	11/4 – 12/16	3030
Adv Beg	11 – 15	Tu	4 p.m. – 5:30 p.m.	9/6 – 10/25	2031	11/1 – 12/13	3031
Adv Beg	11 – 15	F	3:30 p.m. – 5 p.m.	9/9 – 10/28	2032	11/4 – 12/16	3032
Int	11 – 15	Tu	4 p.m. – 5:30 p.m.	9/6 – 10/25	2033	11/1 – 12/13	3033
Int	11 – 15	F	3:30 p.m. – 5 p.m.	9/9 – 10/28	2034	11/4 – 12/16	3034

#### Tournament Training - 6:1 Ratio (7 – 10 years)

Session I (8-weeks) Fee: \$236 Res, \$260 NR. Session II (7-weeks) Fee: \$207 Res, \$228 NR. ^Session II (six-weeks) Fee: \$177 Res, \$195 NR. ^No class 11/24

This program is by Invitation Only. For additional details please visit [lifetimactivities.com](http://lifetimactivities.com).

#### Junior Development Team - 8:1/6:1 Ratio (10 – 17 years)

**Bronze/Silver** – Student/teacher ratio is 8:1. Session I (eight-weeks) Fee: \$246 Res, \$270 NR. Session II (seven-weeks) Fee: \$215 Res, \$236 NR.

**Gold** – Student/teacher ratio is 6:1. Session I (eight-weeks) Fee: \$317 Res, \$349 NR. Session II (seven-weeks) Fee: \$278 Res, \$306 NR. ^Session II (six-weeks) Fee: \$238 Res, \$262 NR. ^No class 11/24

**Match Play** – Must be a currently enrolled Junior Team Member to participate. Session I (eight-weeks) Fee: \$77 Res, \$85 NR. Session II (seven-weeks) Fee: \$58 Res, \$64 NR.

Level	Day	Time (2 Hrs)	Session I	Code	Session II	Code
Bronze	M	4 p.m. – 6 p.m.	9/12 – 10/31	2044	11/7 – 12/19	3044
Bronze	W	4 p.m. – 6 p.m.	9/7 – 10/26	2045	11/2 – 12/14	3045
Bronze	F	5 p.m. – 7 p.m.	9/9 – 10/28	2046	11/4 – 12/16	3046
Bronze	Sa	2 p.m. – 4 p.m.	9/10 – 10/29	2047	11/5 – 12/17	3047
Silver	W	6 p.m. – 8 p.m.	9/7 – 10/26	2048	11/2 – 12/14	3048
Silver	F	7 p.m. – 9 p.m.	9/9 – 10/28	2049	11/4 – 12/16	3049
Silver	Sa	4 p.m. – 6 p.m.	9/10 – 10/29	2050	11/5 – 12/17	3050
Gold	Tu	6:30 p.m. – 8:30 p.m.	9/6 – 10/25	2051	11/1 – 12/13	3051
Gold	Th	6:30 p.m. – 8:30 p.m.	9/8 – 10/27	2052	11/3 – 12/15	3052
Gold	Sa	4 p.m. – 6 p.m.	9/10 – 10/29	2053	11/5 – 12/17	3053
Match Play*	Su	4 p.m. – 5:30 p.m.	9/11 – 10/30	2054	11/6 – 12/11	3054

### Other Sunnyvale Tennis Youth Class Locations

#### Ortega Park - 4:1/8:1 Ratio (4 – 10 years)

**Little Tennis** – Student/teacher ratio is 4:1. Session I (eight-weeks) Fee: \$151 Res, \$165 NR. Session II (seven-weeks) Fee: \$132 Res, \$144 NR.

**Youth Tennis Lessons** – Student/teacher ratio is 8:1. Session I (eight-weeks) Fee: \$179 Res, \$197 NR.

Session II (seven-weeks) Fee: \$157 Res, \$173.

Level	Age	Day	Time	Session I	Code	Session II	Code
Little Tennis	4 – 6	Sa	8:15 a.m. – 9 a.m.	9/10 – 10/29	2095	11/5 – 12/17	3095
Beg	7 – 10	Sa	9 a.m. – 10:30 a.m.	9/10 – 10/29	2096	11/5 – 12/17	3096
Int	7 – 10	Sa	10:30 a.m. – 12 p.m.	9/10 – 10/29	2097	11/5 – 12/17	3097
Adv Beg	7 – 10	Sa	12 p.m. – 1:30 p.m.	9/10 – 10/29	2098	11/5 – 12/17	3098

#### Ponderosa Park - 8:1 Ratio (9 – 16 years)

Session I (eight-weeks) Fee: \$240 Res, \$264 NR. Session II (seven-weeks) Fee: \$210 Res, \$231 N.

Level	Day	Time (1 Hr)	Session I	Code	Session II	Code
Beg	MW	3:30 p.m. – 4:30 p.m.	9/7 – 10/31	2099	11/2 – 12/19	3099
Adv Beg	MW	4:30 p.m. – 5:30 p.m.	9/7 – 10/31	2100	11/2 – 12/19	3100

# Youth Tennis Camps

## Youth Camps - 4:1/8:1 Ratio (4 – 15 years)

Little Tennis and Little Rallyers Camp. Ages 4 – 6. 9 a.m. – 10:30 a.m. 1.5 hour Camp. 4:1 Ratio.

Dates	Days	Code	Resident	Non- Resident
9/19	Monday	10001	\$38	\$42
10/17	Monday	10002	\$38	\$42
11/21 – 11/23	Monday – Wednesday	10003	\$115	\$126
11/23	Wednesday	10004	\$38	\$42
12/19 – 12/23	Monday – Friday	10005	\$191	\$210
12/26 – 12/30	Monday – Friday	10006	\$191	\$210

Little Rallyers Camp. Ages 5 – 6. 9 a.m. – 12 p.m. 3 hour camp. 4:1 Ratio.

Dates	Days	Code	Resident	Non- Resident
9/19	Monday	10007	\$69	\$76
10/17	Monday	10008	\$69	\$76
11/21 – 11/23	Monday – Wednesday	10009	\$207	\$227
11/23	Wednesday	10010	\$69	\$76
12/19 – 12/23	Monday – Friday	10011	\$345	\$379
12/26 – 12/30	Monday – Friday	10012	\$345	\$379

Improvement/ Match Play a.m. Camp. Ages 7 – 15. 9 a.m. – 12 p.m. 3 hour camp. 8:1 Ratio.

Dates	Days	Code	Resident	Non- Resident
9/19	Monday	10013	\$48	\$53
10/17	Monday	10014	\$48	\$53
11/21 – 11/23	Monday – Wednesday	10015	\$145	\$160
11/23	Wednesday	10016	\$48	\$53
12/19 – 12/23	Monday – Friday	10017	\$242	\$269
12/26 – 12/30	Monday – Friday	10018	\$242	\$269

Improvement/ Match Play ALL DAY Camp. Ages 7 – 15. 9 a.m. – 5 p.m. 8 hour camp. 8:1 Ratio

Dates	Days	Code	Resident	Non- Resident
9/19	Monday	10019	\$110	\$121
10/17	Monday	10020	\$110	\$121
11/21 – 11/23	Monday – Wednesday	10021	\$329	\$362
11/23	Wednesday	10022	\$110	\$121
12/19 – 12/23	Monday – Friday	10023	\$548	\$603
12/26 – 12/30	Monday – Friday	10024	\$548	\$603

Early Bird Drop Off. Ages 7 – 15. Convenient Early Bird Drop-off option 8 a.m. – 9 a.m.

Your student will get a head start on off-court activities with educational games, tactics, and strategy under the guidance of a Lifetime Tennis instructor. \*Must be enrolled in Improvement/Match Play a.m. or All Day Camp\*

Dates	Days	Code	Resident	Non- Resident
9/19	Monday	10001	\$5	\$5
10/17	Monday	10002	\$5	\$5
11/21 – 11/23	Monday-Wednesday	10003	\$15	\$15
11/23	Wednesday	10004	\$5	\$5
12/19 – 12/23	Monday – Friday	10005	\$25	\$25
12/26 – 12/30	Monday – Friday	10006	\$25	\$25

# Adult Tennis Classes

## Adult Tennis Lessons - 4:1 Ratio (16+)

Session I (eight-weeks) Fee: \$204 Res, \$244 NR. Session II (seven-weeks) Fee: \$179 Res, \$196 NR.

Level	Day	Time (1Hr)	Session I	Code	Session II	Code
Beg	M	12 p.m. – 1 p.m.	9/12 – 10/31	2091	11/7 – 12/19	3091
Adv Beg	W	12 p.m. – 1 p.m.	9/7 – 10/26	2092	11/2 – 12/14	3092
Int	F	12 p.m. – 1 p.m.	9/9 – 10/28	2093	11/4 – 12/16	3093
Int	F	8 a.m. – 9 a.m.	9/9 – 10/28	2094	11/4 – 12/16	3094

## Adult Tennis Lessons - 6:1 Ratio (16+)

Session I (eight-weeks) Fee: \$236 Res, \$260 NR. Session II (seven-weeks) Fee: \$207 Res, \$228 NR.

Level	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
Beg	M	6:30 p.m. – 8 p.m.	9/12 – 10/31	2055	11/7 – 12/19	3055
Beg	Tu	8:30 a.m. – 10 a.m.	9/6 – 10/25	2056	11/1 – 12/13	3056
Beg	W	6:30 p.m. – 8 p.m.	9/7 – 10/26	2057	11/2 – 12/14	3057
Beg	Sa	8:30 a.m. – 10 a.m.	9/10 – 10/29	2058	11/5 – 12/17	3058
Beg	Su	8:30 a.m. – 10 a.m.	9/11 – 10/30	2059	11/6 – 12/18	3059
Adv Beg	M	8 p.m. – 9:30 p.m.	9/12 – 10/31	2060	11/7 – 12/19	3060
Adv Beg	W	8:30 a.m. – 10 a.m.	9/7 – 10/26	2061	11/2 – 12/14	3061
Adv Beg	W	8 p.m. – 9:30 p.m.	9/7 – 10/26	2062	11/2 – 12/14	3062
Adv Beg	Sa	10 a.m. – 11:30 a.m.	9/10 – 10/29	2063	11/5 – 12/17	3063
Adv Beg	Su	10 a.m. – 11:30 a.m.	9/11 – 10/30	2064	11/6 – 12/18	3064
Int	M	8 p.m. – 9:30 p.m.	9/12 – 10/31	2065	11/7 – 12/19	3065
Int	W	8 p.m. – 9:30 p.m.	9/7 – 10/26	2066	11/2 – 12/14	3066

Int	Sa	11:30 a.m. – 1 p.m.	9/10 – 10/29	2067	11/5 – 12/17	3067
Int	Su	11:30 a.m. – 1 p.m.	9/11 – 10/30	2068	11/6 – 12/18	3068

# Adult Specialty Classes

## Cardio Classes - 6:1 Ratio (16+)

Session I (eight-weeks) Fee: \$119 Res, \$130 NR. Session II (seven-weeks) Fee: \$104 Res, \$114 NR.

Class	Day	Time (45 Min)	Session I	Code	Session II	Code
Cardio	W	8 p.m. – 8:45 p.m.	9/7 – 10/26	2069	11/2 – 12/14	3069
Cardio	Sa	8:30 a.m. – 9:15 a.m.	9/10 – 10/29	2070	11/5 – 12/17	3070

## Academy – USTA Prep Academy - 6:1 Ratio (16+)

Session I (eight-weeks) Fee: \$236 Res, \$260 NR. Session II (seven-weeks) Fee: \$207 Res, \$228 NR  
^Session II (six -weeks) Fee: \$177 Res, \$195 NR. ^No class 11/24.

Level	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
NTRP 2.5 – 3.0	Tu	6:30 p.m. – 8 p.m.	9/6 – 10/25	2071	11/1 – 12/13	3071
NTRP 2.5 – 3.0	Su	8:30 a.m. – 10 a.m.	9/11 – 10/30	2072	11/6 – 12/18	3072
NTRP 3.0+	Tu	9 a.m. – 10:30 a.m.	9/6 – 10/25	2073	11/1 – 12/13	3073
NTRP 3.0+	Th	9 a.m. – 10:30 a.m.	9/8 – 10/27	2074	11/3 – 12/15^	3074
NTRP 3.5 – 4.0	Th	6:30 p.m. – 8 p.m.	9/8 – 10/27	2075	11/3 – 12/15^	3075
NTRP 3.5 – 4.0	Su	10 a.m. – 11:30 a.m.	9/11 – 10/30	2076	11/6 – 12/18	3076
NTRP 4.0+	W	6:30 p.m. – 8 p.m.	9/7 – 10/26	2077	11/2 – 12/14	3077

## Stroke Specific Classes - 6:1 Ratio (16+)

Session I (eight-weeks) Fee: \$159 Res, \$174 NR. Session II (seven-weeks) Fee: \$139 Res, \$152 NR.  
Level Intermediate+ required.

Class	Day	Time (1 Hr)	Session I	Code	Session II	Code
Specialty Shots	Sa	2 p.m. – 3 p.m.	9/10 – 10/29	2078	11/5 – 12/17	3078
Passing Shots & Lobs	Sa	3 p.m. – 4 p.m.	9/10 – 10/29	2079	11/5 – 12/17	3079
Forehand/Backhand	Sa	4 p.m. – 5 p.m.	9/10 – 10/29	2080	11/5 – 12/17	3080
Net Game	Su	2 p.m. – 3 p.m.	9/11 – 10/30	2081	11/6 – 12/18	3081
Serve/Return	Su	3 p.m. – 4 p.m.	9/11 – 10/30	2082	11/6 – 12/18	3082

## Drill Classes - 6:1 Ratio (16+)

Session I (eight-weeks) Fee: \$159 Res, \$174 NR. Session II (seven-weeks) Fee: \$139 Res, \$152 NR  
^Session II (six -weeks) Fee: \$119 Res, \$130 NR. ^No class 11/24. Level Intermediate+ required.

Class	Day	Time (1 Hr)	Session I	Code	Session II	Code
Ladies Adv Drill	Tu	7 p.m. – 8 p.m.	9/6 – 10/25	2083	11/1 – 12/13	3083
Ladies Adv Drill	Th	9 a.m. – 10 a.m.	9/8 – 10/27	2084	11/3 – 12/15^	3084
Ladies Adv Drill	Fr	7 p.m. – 8 p.m.	9/9 – 10/28	2085	11/4 – 12/16	3085
Mens Adv Drill	M	9 a.m. – 10 a.m.	9/12 – 10/31	2086	11/7 – 12/19	3086
Mens Adv Drill	Tu	8 p.m. – 9 p.m.	9/6 – 10/25	2087	11/1 – 12/13	3087
Men's Adv Drill	F	8 p.m. – 9 p.m.	9/9 – 10/28	2088	11/4 – 12/16	3088

## Matchplay (16+)

Session I (eight-weeks) Fee: \$77 Res, \$85 NR. Session II (seven-weeks) Fee: \$67 Res, \$75 NR  
^Session II (six -weeks) Fee: \$58 Res, \$64 NR. ^No class 11/24. Must be enrolled in a Prep Academy class.

Level	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
2.5-3.0	Th	8 p.m. – 9:30 p.m.	9/8 – 10/27	2089	11/3 – 12/15^	3089
3.5+	M	8 p.m. – 9:30 p.m.	9/12 – 10/31	2090	11/7 – 12/19	3090

## Quick Start Camps - 6:1 Ratio NEW (16+)

Three-hour Camp Fee: \$56 resident, \$61 non-resident. For information visit lifetimeactivities.com  
Tennis 101 - Ideal for the beginning adult player who has limited or no experience and wants to begin playing a real game of tennis immediately.  
Tennis 201 - A continuation of Quick Start 101 for the adult player interested in more advanced concepts and understanding the path for improvement.

Level	Day	Time (3 Hrs)	Session I	Code	Session II	Code
101	Sa	3:00 p.m. – 6:00 p.m.	9/10	2200	11/5	3200
101	Sa	3:00 p.m. – 6:00 p.m.	9/24	2202	11/19	3202
101	Sa	3:00 p.m. – 6:00 p.m.	10/8	2204	12/3	3204
101	Sa	3:00 p.m. – 6:00 p.m.	10/22	2206	12/17	3206
201	Sa	3:00 p.m. – 6:00 p.m.	9/17	2208	11/12	3208
201	Sa	3:00 p.m. – 6:00 p.m.	10/1	2210	11/26	3210
201	Sa	3:00 p.m. – 6:00 p.m.	10/15	2212	12/10	3212
201	Sa	3:00 p.m. – 6:00 p.m.	10/29	2214		